

HEAD LICE , SEND 'EM PACKING!!!!

Although they may sound disgusting, lice are a very common problem, especially for children aged 3 years to 12 years (girls more often than boys). Lice aren't dangerous and they don't spread disease, but they are contagious and very annoying!

Signs of Head Lice

Though very small, lice can be seen by the naked eye. Lice eggs (called nits) look like tiny yellow, tan, or brown dots before they hatch. Lice lay nits on hair shafts close to the scalp, where the temperature is perfect for keeping warm until they hatch. Nits look sort of like dandruff, only they can't be removed by brushing or shaking them off. Lice eggs hatch within 1 to 2 weeks after they're laid. After hatching, the remaining shell looks white or clear and continues to be firmly attached to the hair shaft. This is the stage when it's easiest to spot them, as the hair is growing longer and the egg shell is moving further away from the scalp.

Adult lice and nymphs (baby lice). The adult louse is no bigger than a sesame seed and is grayish-white or tan. Nymphs are smaller and become adult lice about 1 to 2 weeks after they hatch. Most lice feed on blood several times a day, but they can survive up to 2 days off the scalp.

Scratching. With lice bites come itching and scratching. This is actually due to a reaction to the saliva of lice. However, the itching may not always start right away — that depends on how sensitive your child's skin is to the lice. It can sometimes take weeks for kids with lice to start scratching. You may be able to see the lice or nits by parting your child's hair into small sections

and checking for lice and nits with a *fine-tooth comb on the scalp, behind the ears, and around the nape of the neck* **If you discover that your child does have lice or nits, contact the school to let them know.**

Are Lice Contagious?

Lice are *highly contagious* and can spread quickly from person to person, especially in group settings. They spread mainly through head-to-head contact, but sharing clothing, bed linens, combs, brushes, and hats can also help pass them along. Kids are most prone to catching lice because they tend to have close physical contact with each other and often share personal items.

Pets can't catch head lice and pass them on to people or the other way around.

Treatment: Medicated lice treatments usually kill the lice and nits, but it may take a few days for the itching to stop. For very resistant lice, an oral medication might be prescribed.

As head lice is such a nuisance and is so contagious please treat your child as soon as possible and notify the school.



Scoil Íosagáin, Coolgreany NEWSLETTER

February, 2013.



Master Minds!

Congratulations to Jack Kelly, Eileen Hendley, Eileen Brennan and Con O'Driscoll who were the No 1 team on the night. Thank you to Thomas Clare and his right hand man Paul Kennedy for a great social night with plenty of laughs - hopefully Thomas will do the honours again soon.



Croghan Athletics Club is going from strength to strength and is a credit to all involved.

Continued success and well done!

For further information please check out Croghan A.C. on Facebook

Celebrating Grandparents' Day at Scoil Íosagáin



In conjunction with Catholic Schools Week a Prayer Service was held in the school hall to acknowledge and thank all Grandparents for the very important role that they play in all our lives. A special thank you to Eileen Porter for the beautiful service and to Sinead, Wendy, Samantha and Andy for looking after the teas and everybody who helped on the day.

DATES FOR YOUR DIARY!

INTERNET SAFETY & CYBER BULLYING

INFORMATION EVENING AT SCOIL ÍOSAGÁIN ON

**Monday 15th April at
7.30 p.m.**

The National Parents Council Primary working with the National Centre for Technology in Education (NCTE) have developed a seminar to take the mystery out of the Internet for parents and to give them the skills to engage with their children's online lives.

You will hear via a DVD primary school children talking about how they use the Internet, why it is attractive to them, and get an insight into children's main concerns about being online. Parents will be introduced to strategies to help their children be responsible, effective and safer Internet users. The session also looks at the issue of Cyberbullying.

EVERYBODY WELCOME!

OPEN DAY

- Friday 15th March, 2013

- Come along and see all
- our school has to offer!

***Enrolments are now being taken
for 2013/2014***



As you know the school already boasts a Green Flag and are currently working on gaining a second. The theme of which is Energy. The children have formed a committee, who along with Miss Kavanagh meet regularly to keep the project on track.

The committee members are : Paddy, Riona, Colin, Sarah, Adam, Aoife, Leanne, Ciara, Shauna, Faith and Darragh.

They are currently working on a newsletter which will outline ways that we can save energy, both at school and at home.

There was great excitement on Wednesday 6th February when the HEINEKEN CUP came to the school. The children gathered in the hall for a question and answer session and they all got the chance to hold the cup!



Congratulations to Coolgreany Amateur Dramatic Society on the success of their recent production
'Cupid Wore Skirts'

All of their hard work certainly paid off, the show was hilarious from start to finish and the set was amazing.

Well done to all involved.

The group have very kindly donated some of the proceeds to the school for which we are extremely grateful.

THANK YOU!



Deirdre Codd and the O'Duffy Cup paid a visit to the school recently. Deirdre kindly took the time to talk to the children and answer any questions they had.

(L to R Leanne Boland, Deirdre Codd, Aoife Carroll and Lucia Merrigan)